



AUTUMN 2024

Adventures In Learning

virtual & in-person classes

Had enough of the summer heat and tropical storm impacts? Ready for some calming, glorious autumn days to fill our eyes with new beauty? While there are still opportunities to dine outside, travel and see family and friends, it's time for that fall ritual of getting back to school and nourishing our brains with new classes.

We are offering a mini-session for autumn, with scheduling that meets the instructors' calendars and gives you choices at the same time. Tom Brawner will kick off the series with his full 6-week Zoom detailing the DC Sniper case. We are also offering a Zoom class with Dr. Parke Rublee on our changing oceans, one that had been presented in-person in the winter session and was so wonderful that we wanted all of you to enjoy it from home! The in-person classes on Thursdays will begin 10/10 at First Baptist Church for 4 weeks. There will be classes/forums at 9:00, 10:00, and 11:00 for you to learn and interact with teachers and fellow lifelong learners.

You can sign up for 1 or 3 or all topics based on your schedule and interests, all for a one-time fee. But you must register!

Step 1: Click on the link **on page 4** of this document to get online to choose your classes and then pay the semester fee of just \$55.00. You will **pay online, through the secure website**, using PayPal or your credit card. Be sure to correctly enter your preferred email address as that is the only way we can send you the connection links for your Zoom classes. *

Step 2: After you pay the fee, you will get a confirmation email from PayPal. Then, we will email you the links for the Zoom classes.

*Live links to the classes cannot be shared, so **send this invitation to your friends** if you'd like them to attend.



The many donations we receive keep us viable, engaged and ready to be here for you at an affordable price. You may choose to add a **donation** at the time you complete registration, or on the SCG website, ([click here](#)), or by mailing a gift to P.O. Box 4063, Greensboro, NC, 27404. We need and deeply love your support. Thank you for your unique participation.

If you cannot register/make payment online, you must call Vickie at 336.501.8849 to let her know you are mailing a check to our post office box (SCG, P.O. Box 4063, Greensboro NC 27404).

Sandy & Vickie & your AIL Volunteer Team

Tuesdays beginning 10/8/2024 ZOOM Classes

Terror in the Suburbs: The DC Sniper Shootings

Instructor: **Tom Brawner**

In 2002, John Allen Muhammed and Lee Boyd Malvo engaged in a series of shootings in 11 different states that killed 17 innocent victims and seriously wounded 10 others. The shootings, from February to October, ended with ten murders in the Washington, DC suburbs... terrorizing those communities and launching a massive multi-agency criminal investigation. We will explore the people, places, and events associated with this frightening assault on our domestic security.

Tom is a retired attorney who loves researching murder mysteries and bringing them to SCG.

Dates: **Tuesdays(6): October 8, 15, 22, 29, November 4, 11**

Time: **9:30 am**

The Ocean Is Calling: Are You Listening?

Instructor: **Parke Rublee PhD**

2021-2030 has been declared the United Nations Decade of Ocean Science for Sustainable Development. The emphasis in this class will be to describe the current and future state of the oceans including plastic and nutrient pollution in the oceans, changes in fisheries and other natural resources, changing ocean circulation patterns, and consequences of climate including shifting geopolitical relationships.

Dr. Rublee is a retired professor of biology at UNCG. His interests and research have been in aquatic microbes, including harmful algae and the ecological role(s) of microbes in marine and freshwater systems,

Dates: **Fridays(3): October 11, 18, 25**

Time: **11:30 am**

****This class was presented in-person at the beginning of the year, with rave reviews. You don't want to miss Dr. Rublee's slides, fascinating facts, and great style of presentation!!!*

***Thursdays, beginning 10/10/2024 In-Person classes for FOUR Weeks:
10/10, 10/17, 10/24, and 10/31*** at First Baptist Church (1000 W. Friendly Ave.)

Choose your classes when you click on the registration link. If the instructor has a reading or supplies list, it will be emailed to you after registration is completed. Social time before classes or during the Community gathering from 10-11 is encouraged...since your friends miss seeing you! And, of course, plan to go out to lunch with a friend or new acquaintance at noon.

Classes at 9:00 AM:

Seeing is Creating - Beginners

Instructor: **Melanie Bassett**

A class in drawing for all with a desire to create art. No experience, talent, or artistic relatives are necessary. We will explore drawing, art history, and the wonderful world around us. Repeat drawers welcome for a refresher. This is a 2-hour studio class, with an optional break in the Fellowship Hall with coffee, snacks, and great speakers.

Melanie studied in England and Spain, with fifty years of teaching, curating, restoring, and making art.

Positive Approaches to Dementia

Instructor: **Cheryl Greenberg Ed.D**

Navigating dementia can be frightening and stressful. In this course, we will explore the differences between normal memory change and dementia. We will share strategies and tips for responding to dementia-related behaviors. And, importantly, we will talk about ways to provide positive, healthful care for persons living with dementia and their care partners.

Dr. Greenberg has a doctorate in educational gerontology and memory changes in older adults. She has worked with adults of all ages, presenting workshops on healthy aging, memory improvement, and age-related dementia.

10:00 – 11:00 COMMUNITY FORUM

Mini-break with social time & coffee/snacks in the fellowship hall.

The FORUM tradition of AIL brings presentations from a local community leader, beginning at approximately 10:15 to educate us on community resources, actions and events for participants. FORUM presentations planned are:

A Simple Gesture - Leslie Loyd, Executive Director
The Kellin Foundation & the new Hope Hub - Dr. Kelly Graves, President
Recovery Café Greensboro - Reverend Frank Dew, Founder
Wheels4Hope - Adriane Singleton, Executive Director.

Classes at 11:00 AM:

Creative Thinking: Using Art-Mindfulness

Instructor: **Jim Langer**

We will learn and apply skills for developing divergent thought and generative playful imagination, with mental exercises asking us to doodle and design, meditate over art images, and laugh at surprising cosmic strips and jokes, caricatures, and stories pictures can convey. This is a condensed version of a general education, non-art majors course Langer teaches. The sources include great artists, writers, poets, philosophers, and behavioral psychologists. FUN & open to ALL of you!!

Jim Langer has taught college art and art history for over 30 years. He draws and paints, including animal subjects. He is married and has two growing children.

The Wonders of Geology and a Trip to New Zealand

Instructor: **Alan Hart**

Week 1: A Journey to the Center of the Earth – the Origin of Diamonds: We will discuss the different locations in which diamonds are formed, a review of plate tectonics and the diamond stability zone, and details on the two magma-type rocks in diamonds are brought to the surface of earth;

Week 2: The Global Giant – Petroleum We will discuss the history of the largest industry in the world, the importance and necessity of petroleum to the modern world, current production and consumption of petroleum, peak oil, alternative fuel sources, and the global decline of affordable petroleum and minerals.

Week 3: Visit New Zealand and Moscow – I will present a short visual display of the scenery and available activities, cuisine, and attractions of New Zealand, and my wife, Victoria Vasechkina, will talk about Moscow with insights about growing up in the USSR and then the Russian Federation under V. Putin

Alan Hart is an Associate Professor at GTCC, teaching introductory physical geology classes/labs at one to four GTCC campuses. Sponsor of the GTCC Geology Club and co-coordinator of the Global Scholars of Distinction Program at GTCC

Sign up quickly for a great semester?

Click here for the website to pay for the classes:

<https://shepnet.wufoo.com/forms/r15bkhg80l8qs15/>

Or, you can copy and paste that link into your browser

(If you have never paid online, or need help, please call Sandy 10:00-4:00 at number noted.)

WE love sharing and networking! AFTER you register, send the email to a few of your friends so they don't say... "I didn't know about these classes!"

Thank you for your interest and we'll see you soon!

Vickie Williamson, Program Manager

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Shepherd's Center of Greensboro is on a mission *to help older adults pursue independent and active lives of purpose.*

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